

# Pain Relief

SAVE up to  
**50% OFF\***  
vitamins!  
see back page

**ETHICAL NUTRIENT CLINIC**

**NERVALGESIC™ MUSCLE**

FROM **\$52.49**

**ETHICAL NUTRIENT CLINIC**

**NERVALGESIC™**

FROM **\$52.49**

100g POWDER  
DIETARY SUPPLEMENT AUST L 553135

30 CAPSULES  
DIETARY SUPPLEMENT AUST L 553139

**NUROFEN QUICKZORB**

Ibuprofen lysine 342mg

24 CAPLETS

ONLY **\$7.99**

ADVANCED FORMULA FOR FAST ABSORPTION

**NUROFEN**  
Quickzorb 342mg Ibuprofen Lysine 24 Caplets\*

ASK YOUR PHARMACIST ABOUT THIS PRODUCT

**ETHICAL NUTRIENTS CLINICAL**  
Nervalgesic Muscle Powder 100g **\$56.49**  
Nervalgesic 30 Capsules **\$52.49**

**Voltaren**

Osteo Gel 12 Hourly

Diclofenac diethylamine 23.2 mg/g

ONLY **\$26.99**

100 g Gel

**VOLTAREN**  
Osteo Gel 12Hr 100g

**Volta Natra**

Pain Relief Cream

with arnica and rosemary oil

ONLY **\$11.49**

20% OFF RRP\*

50 g cream

**VOLTA NATRA**  
Pain Relief Cream 50g



Find comfort this winter. Speak to your Healthcare Hero to discover affordable solutions & expert advice to ease those aches and pains.

Always read the label and follow the directions for use. \*Always read the label and follow the directions for use. Incorrect use could be harmful. \*Saving claims are based on the supplier Recommended Retail Price.

ON SALE 6<sup>TH</sup> - 26<sup>TH</sup> JUNE 2024

[alliancepharmacy.com.au](http://alliancepharmacy.com.au) [facebook.com/alliancepharmacy](https://facebook.com/alliancepharmacy)





# Pain points

**Pain** is a complex condition influenced by the mind, body and environment. Most pain can be divided into two categories: acute or chronic (persistent) pain.

Make sure you speak to your Healthcare Hero about how they can help you manage your pain.

After your consultation, your Healthcare Hero can offer pain management options and if necessary, refer you on to other health professionals that can best assist you.

Some of the services your Healthcare Hero can provide you with are:

- ⊕ Medication management
- ⊕ Pain management, including alternative complementary therapies
- ⊕ Liaising with your doctor and other health professionals
- ⊕ Compounding specialised medicines and creams



# Find the right relief

FROM  
**\$3.99**

## Feeling a bit ouchy?

There's a **Chemists' Own**<sup>®</sup> for that.

Always read the label and follow the directions for use. Chemists' Own<sup>®</sup> is a registered trade mark of Arrow Pharmaceuticals Pty Ltd.

**CHEMISTS' OWN**  
 Paracetamol Suspension 1-5 Years 200mL\* **\$10.99** or 5-12 Years 200mL\* **\$13.49** Children's Ibuprofen Pain & Fever 200mL\* **\$13.99**  
 Paracetamol 20 Soluble Tablets\* **\$3.99** Paracetamol Extra 40 Tablets\* **\$6.49** Ibuprofen 200mg 96 Tablets\* **\$11.99** Ibuprofen + Paracetamol Duo 10 Softgel Capsules\* **\$5.99**

# WIN

## 1 OF 500 KID'S SCOOTERS

Spend \$20 or more on any product in-store to go into the running to win a kid's scooter\*

\*Spend \$20 or more on any product in-store to go into the running to win a kid's scooter. Search here for T&Cs and Entry

**NUROFEN**

**20% OFF**  
RRP\*

ONLY  
**\$21.49**

## Seremind<sup>®</sup>

80mg lavender oil

Relieves symptoms of mild anxiety, nervous tension and improves sleep quality

**One-a-day oral formula**

28 CAPSULES

Each soft capsule contains 80mg lavender oil. AUST L 28952 MENARINI

**SEREMIND<sup>®</sup>**  
Lavender Oil 80mg 28 Capsules

ONLY  
**\$11.49**

**WIN \$1K**

EVERY WEEK FOR 10 WEEKS WITH **ISOCOL** RUBBING ALCOHOL

Australia's own antiseptic.

Purchase any Isocol product and head to [isocol.com.au/competitions](http://isocol.com.au/competitions) to enter. Competition valid from 3/1/2024 - 31/03/24. T&Cs apply. Limited to one entry per person. Australian residents only. Always read the label and follow the directions for use.

**ISOCOL**  
Rubbing Alcohol Antiseptic 345mL

**25% OFF**  
RRP\*

ONLY  
**\$6.49**

**DENCORUB**  
Extra Strength Heat Gel 100g

ONLY  
**\$29.99**

PHARMACIST ONLY MEDICINE  
KEEP OUT OF REACH OF CHILDREN

## circadin<sup>®</sup>

melatonin 2mg

30 prolonged-release tablets

AUST L 18369 ASPEN

ASK YOUR PHARMACIST ABOUT THIS PRODUCT.

**CIRCADIN**  
2mg 30 Tablets

**25% OFF**  
RRP\*

FROM  
**\$7.99**

**THURSDAY PLANTATION**  
Tea Tree Antiseptic Cream 100g **\$7.99**  
Tea Tree Oil Antiseptic 25mL **\$8.99**

**30% OFF**  
RRP\*

FROM  
**\$5.99**

**NEXCARE**  
Max Hold Waterproof 15 Assorted Strips **\$5.99**  
Clear Waterproof 30 Assorted Strips **\$9.99**

**20% OFF**  
RRP\*

FROM  
**\$9.49**

**PRIMAFIX Plus**  
Heavy Tan 7.5cm x 2.3m **\$9.49**  
PRIMAFIX Plus 5cm x 5m **\$11.49**

Always read the label and follow the directions for use. \*Always read the label and follow the directions for use. Incorrect use could be harmful. \*Saving claims are based on the supplier Recommended Retail Price. Win 1 of 500 Kid's Scooters AU only. Ends 31/8/24 11:59pm AEST. Keep receipt(s). Max 1 entry/transaction. Max 1 prize/person (excl. SA). T&Cs apply.

# Fight cough & cold



FROM \$5.99

FROM \$9.99

**CHEMISTS' OWN**  
 Chesty Mucus Cough 200mL **\$11.99** Sore Throat Spray Forte 30mL **\$10.49**  
 Cough, Cold & Flu Day/Night PE 24 Capsules **\$7.99** Sore Throat Lozenges  
 Menthol & Eucalyptus 16 Lozenges **\$5.99**

**DEMAZIN**  
 Cold & Flu + Cough Day + Night 24 Capsules **\$9.99**  
 or 48 Capsules **\$14.99**



ONLY \$12.99 ea

ONLY \$11.99

ONLY \$13.99



**MAXIGESIC**  
 Cold & Flu + Sinus & Pain Kit\*



**SUDAFED**  
 PE Sinus + Pain Relief Day & Night 24 Tablets

**ROBITUSSIN**  
 Chesty Cough Forte 200mL or Dry Cough Forte 200mL



ONLY \$13.99

**OTRIVIN**  
 Plus Nasal Spray 10mL



ONLY \$13.99

**LEMSIP**  
 Max Multi-Symptom Relief Lemon 10 Sachets



FROM \$13.99

**DURO-TUSS**  
 Chesty Cough Liquid Forte 200mL **\$13.99** Chesty Cough Liquid Double Strength 200mL **\$14.99**



**VICKS**  
 VapoSteam Double Strength 100mL **\$8.99**  
 VapoSteam Double Strength 200mL **\$13.99**  
 Warm Steam Vaporizer **\$61.99**



ONLY \$59.99

**ABLE**  
 VapourMist Humidifier



FROM \$7.99

**STREPSILS**  
 Anaesthetic Lozenges Menthol 16 Pack **\$7.99**  
 or 36 Pack **\$15.99**



ONLY \$14.49

**CODRAL**  
 Day & Night Cold & Flu Tablets 24 Pack



ONLY \$10.99

**BENADRYL**  
 PE Chesty Cough & Nasal Congestion 200mL



FROM \$7.49

**DIFFLAM**  
 Dual Action Sore Throat Lozenges Honey Lemon  
 16 Lozenges **\$7.49** or 32 Lozenges **\$10.99**



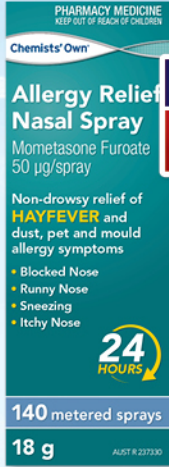
ONLY \$9.99

**MAXIGESIC**  
 Cold & Flu Hot Drink 10 Sachets\*

Always read the label and follow the directions for use. \*Always read the label and follow the directions for use. Incorrect use could be harmful.



Recommended by your



ONLY  
**\$14.99**

**CHEMISTS' OWN**  
Allergy Relief Nasal Spray  
140 Metered Sprays



ONLY  
**\$28.99**

**CHEMISTS' OWN**  
C-Zine 10mg 70 Tablets



ONLY  
**\$29.99**

**CHEMISTS' OWN**  
Fexo 180mg 70 Tablets

# For bubs



ONLY  
**\$17.99** ea

**DEMAZIN**  
Kids 6+ Cold Relief Blue Syrup 200mL  
or Colour Free Syrup 200mL



FROM  
**\$15.49**

**DURO-TUSS**  
Children's Cough Liquid Strawberry  
200mL **\$15.99** or Night Time  
Strawberry 200mL **\$15.49**



FROM  
**\$10.99**

**LITTLE Dry Coughs Oral Liquid**  
200mL **\$19.99**  
**FESS Little Noses Saline Nasal**  
Spray 15mL **\$10.99**



**EUKY BEAR**  
Warm Steam Vaporiser **\$69.99** Sniffly Nose Inhalant 100mL **\$9.99** or 200mL **\$10.99** Sleepy Time Inhalant 100mL **\$9.99**  
Eucalyptus Chest Rub 50g **\$8.99**

**20% OFF**  
RRP\*  
ONLY  
**\$24.99**



**OPTI-FREE**  
PureMoist Contact Lens Solution Economy Pack 300mL + 90mL



ONLY  
**\$4.49**

**CLEARWIPE**  
Lens Cleaner 20 Soft Wipes



**20% OFF**  
RRP\*  
ONLY  
**\$49.99**

**WELCARE**  
WET100 Ear Thermometer



**20% OFF**  
RRP\*  
ONLY  
**\$79.99**

**OMRON**  
MC720 Forehead Thermometer



ONLY  
**\$7.99**

**HOT HANDS**  
Hand Warmers 1 Pair

# Care for less

PHARMACIST ONLY  
KEEP OUT OF REACH OF CHILDREN

**Ostelin®**

SPECIALIST RANGE  
Vitamin D 7000IU

1-A-WEEK 24 Capsules

ONLY **\$20<sup>99</sup>**

ASK YOUR PHARMACIST ABOUT THIS PRODUCT.

**OSTELIN**  
Specialist Range Vitamin D 7000IU  
1-A-Week 24 Capsules

PHARMACY MEDICINE  
KEEP OUT OF REACH OF CHILDREN

**Ferro-grad C®**

iron & vitamin C

30 modified release tablets

ADULT USE ONLY VIATRIS

ONLY **\$18<sup>99</sup>**

**FERRO-GRAD C**  
Iron & Vitamin C 30  
Modified Release Tablets

PHARMACY MEDICINE  
KEEP OUT OF REACH OF CHILDREN

**elevit**  
Pre-conception & Pregnancy

**menevit**  
Pre-conception Sperm health

30 TABLETS

30 CAPSULES

FROM **\$26<sup>99</sup>**

**ELEVIT** Pre-conception & Pregnancy  
Multivitamin 30 Tablets **\$26.99**  
**MENEVIT** Pre-conception Sperm  
Health 30 Capsules **\$28.49**

**50% OFF**  
RRP\*

ONLY **\$41<sup>99</sup>** ea

**Swisse**

**MEN'S MULTIVITAMIN**  
KEY NUTRIENTS TO SUPPORT  
IMPROVE HEALTH, ENERGY PROOF  
& HEALTHY MUSCLE FUNCTION

120 FILM COATED TABLETS  
ONE-A-DAY

**Swisse**

**WOMEN'S MULTIVITAMIN**  
KEY NUTRIENTS TO SUPPORT  
HEALTHY HEALTH, ENERGY PRODUCTION  
& HELP RELIEVE FATIGUE

120 FILM COATED TABLETS  
ONE-A-DAY

**SWISSE**  
Ultivite Men's or Women's  
Multivitamin 120 Tablets

**UP TO 30% OFF**  
RRP\*

FROM **\$11<sup>89</sup>**

**Centru**

**ADVANCE**  
ADULTS

Supports energy, inner  
muscle function & heart

100 Film Coated Tablets  
MULTIVITAMIN & MINERAL SUPPLEMENT

**Centrum**

**ADVANCE 50+**  
ADULTS

Supports vitality, immunity,  
heart health & eye health

60 Film Coated Tablets  
MULTIVITAMIN & MINERAL SUPPLEMENT

**CENTRUM**  
Advance 100 Tablets **\$17.59**  
Advance 50+ 60 Tablets **\$11.89**

ONLY **\$16<sup>99</sup>** ea

**Berocca**

**ENERGY**

30 TABLETS

**Berocca**

**ENERGY**

30 TABLETS

**BEROCCA**  
Energy Original Berry or Orange  
Effervescent Tablets 30 Pack

**20% OFF**  
RRP\*

ONLY **\$33<sup>99</sup>** ea

**Hospital Formula**

**SUSTAGEN**

**Plus FIBRE**

NUTRITIONALLY COMPLETE

Vanilla Flavour

**Hospital Formula**

**SUSTAGEN**

**Plus FIBRE**

NUTRITIONALLY COMPLETE

Chocolate Flavour

**SUSTAGEN®**  
Hospital Formula Plus Fibre Vanilla or  
Chocolate 840g<sup>3</sup>

ONLY **\$24<sup>99</sup>**

**Meta**

**MUCIL**

NATURAL GRANULES

Fibre Supplement Natural  
Granular 72 Doses

**METAMUCIL**  
Fibre Supplement Natural  
Granular 72 Doses

**20% OFF**  
RRP\*

ONLY **\$4<sup>99</sup>**

**Coloxyl**

WITH  
**SENNA**

DUAL ACTION  
CONSTIPATION RELIEF

30 TABLETS

**COLOXYL**  
With Senna 30 Tablets

If it's effective relief you need...  
there's a **Chemists' Own®** for that.

FROM **\$5<sup>49</sup>**

**Chemists' Own®**

**Heartburn Relief**  
Esomeprazole 20mg 14 Tablets

**Travel Sickness Tablets**

**Effervescent Electrolyte Tablets**

**IBS Support Digestive Drops**

Always read the label and follow the directions for use. Chemists' Own® is a registered trade mark of Arway Pharmaceuticals Pty Ltd.

**CHEMISTS' OWN**  
Heartburn Relief Esomeprazole 20mg 14 Tablets **\$9.49** Travel Sickness 10 Tablets **\$5.49** Effervescent Electrolyte Orange  
20 Tablets **\$9.19** IBS Support Digestive Drops 100mL **\$25.99**



## Community immunity

Receiving a **vaccine** is one of the best ways you can protect yourself, your loved ones and your community.

Vaccinations stop the spread of illness, creating a healthier environment for all.

Ask your Healthcare Hero about **vaccinations** available in store today!



Stay up to date  
with  
**healthy  
advice!**



Not a member yet? Sign up today to get an email on how to manage pain relief with a holistic solution, PLUS ongoing monthly health tips and advice from our expert team.

Natural solutions should not replace any medical care, but be used to support your current healthcare plan.

Make sure to tell your local pharmacist if your pain is not being resolved from your current medication.



**Healthy Rewards**

Rewarding your health, matters to us.

# Selfcare essentials



**BLISTEX**  
Intensive Repair Pot SPF15 7g

ONLY  
**\$4.99**



**PIKSTERS**  
Interdental Brushes Assorted sizes  
10 Pack **\$5.49** or 40 Pack **\$16.49**

30% OFF  
Selected Piksters  
Range  
FROM  
**\$5.49**



**DETTOL**  
Kids Colour Foaming Handwash Aloe  
Vera or Berry 250mL

20% OFF  
ONLY  
**\$3.99**  
ea



**AVEENO**  
Baby Dermexa  
Moisturising  
Cream 206g

25% OFF  
Selected Aveeno  
Baby Range  
ONLY  
**\$16.99**



**SUDOCREM**  
Healing Cream 250g

25% OFF  
Selected Sudocrem  
Range  
ONLY  
**\$17.99**



**INFACOL**  
Effective Colic Relief 50mL

20% OFF  
ONLY  
**\$14.49**



**TENA**  
Super Pads 30 Pack **\$19.99** Maxi Night Pads Extra  
Long Length 14 Pack **\$8.99**

20% OFF  
Selected Tena  
Range  
FROM  
**\$8.99**



**CAREFREE**  
Barely There Scented Liners 42 Pack **\$3.99**  
Original Regular Liners 48 Pack **\$4.99**

FROM  
**\$3.99**



**MEDI-PAK**  
Hot Wheat Pack Long

30% OFF  
ONLY  
**\$13.99**  
ea



**MOLICARE**  
Premium Mobile 6 Drops 14 Pack **\$34.99** 8 Drops  
14 Pack **\$38.99** 14 Drops 14 Pack **\$42.99**

30% OFF  
Selected MoliCare  
Range  
FROM  
**\$34.99**



**POISE**  
Pads Regular 16 Pack or  
Overnight 8 Pack

20% OFF  
Selected Poise  
Range  
ONLY  
**\$5.49**  
ea



**DEPEND**  
Real Fit Underwear Men Medium 8 Pack

20% OFF  
Selected Depend  
Range  
ONLY  
**\$12.99**

# June savings



**25% OFF** RRP\*  
FROM  
**\$19.49**

**AVEENO**  
Daily Moisturising Lotion  
Fragrance Free 1L **\$21.99** or  
Body Wash 1L **\$19.49**



**20% OFF** RRP\*  
ONLY  
**\$16.49** ea

**REVITANAÏL**  
Sensitive Strength Nail Treatment  
14mL or Hand & Nail Cream 100g



new NATIO  
natural colours  
for natural looks



UP TO  
**20% OFF** RRP\*  
FROM  
**\$21.49**

**CETAPHIL**  
Gentle Skin Cleanser 1L **\$22.99** or  
Moisturising Cream 550g **\$21.49**

**WIN**  
A TRIP FOR 2 TO  
**Hawaii**

Purchase any E45 product  
& enter online at [E45.com/hawaii](http://E45.com/hawaii)  
Terms & conditions apply. Promotion ends 31/07/2023

**20% OFF** RRP\*  
Selected E45  
Range  
FROM  
**\$13.99**

**E45**  
DERMATOLOGICAL  
cream  
moisturising lotion  
Itch Recovery  
Moisturising Lotion

**E45 Cream is registered on the ARTG. Always read the label and follow the directions for use.**

**E45**  
Moisturising Cream 500g **\$17.99** Moisturising Lotion 500mL **\$15.99** Itch Recovery Lotion 250mL **\$13.99**

**WARM UP YOUR WINTER**  
**WIN \$10,000**

**30% OFF** RRP\*  
Selected Dermal  
Therapy  
Range

**WIN \$10K WITH DERMAL THERAPY**

- 1 Purchase ANY Dermal Therapy product from 1st June – 31st July 2024
- 2 Retain your receipt for proof of purchase
- 3 Complete the entry form online at [dermaltherapy.com.au/winterwarmergiveaway](http://dermaltherapy.com.au/winterwarmergiveaway) or scan the QR code

SA Permit No. T24/209 ACT Permit No. TP 24/00372 Always read the label and follow the directions for use.

**QV FACE**  
**WIN a MG3**  
valued at \$19,990\*

Simply purchase any QV Face product, scan the QR code or visit [www.qvskincare.com.au/winacar](http://www.qvskincare.com.au/winacar) to enter\*

Get a **BONUS ENTRY** when you enter via the **QV REWARDS** app.

**20% OFF** RRP\*  
Selected QV Face  
Range

**QV FACE 'WIN A CAR' PROMOTION** Win 1 of MG MG3 Auto Core MY23 car, valued at RRV \$19,990.  
\*Conditions apply, see My QV Rewards App, or [www.qvskincare.com.au/winacar](http://www.qvskincare.com.au/winacar) AU res 18+. Starts 30/5/24. Ends 11.59pm AEDT 25/7/24. Retain receipt/s. ACT Permit No. TP24/ 00357. NSW Authority No. TP/ 02457. SA Permit No. T24/ 291.

**20% OFF** RRP\*  
ONLY  
**\$20.49** ea

**BENZAC AC**  
Wash 5%  
Benzoyl peroxide (50mg/g)  
Moderate Strength 5% Acne Wash

Effective acne treatment

- Unblocks pores, blackheads and whiteheads
- Kills acne bacteria

**BENZAC AC**  
Benzoyl peroxide 2.5mg/g  
Mild Strength 2.5% Acne Gel

Effective acne treatment

- Unblocks pores, blackheads and whiteheads
- Kills acne bacteria

200 mL AUS# 83280 40g AUS# 83270 GALDERMA

**BENZAC AC**  
5% Wash 200mL or 2.5% Gel 60g

**30% OFF** RRP\*  
Selected Swisspers  
Range  
FROM  
**\$3.99**

**swisspers**  
400 cotton balls  
soft & strong

**swisspers**  
150 cotton squares  
soft & strong

**SWISSPERS**  
Cotton Wool Balls 400 Pack **\$3.99**  
Cotton Squares 150 Pack **\$4.99**

**20% OFF** RRP\*  
ONLY  
**\$12.99**

**coco-scalp**  
OINTMENT

Treatment for dry scaly scalp conditions

**COCO-SCALP**  
Ointment 40g

# SAVE BIG on vitamins



**NATURE'S OWN**  
Zinc + C Chewable 60 Tablets **\$11.99** High Strength Garlic 10,000mg 100 Tablets **\$16.99**

**CENOVIS**  
Sugarless C 500mg 300 Orange Flavoured Tablets **\$18.49** Echinacea, Garlic, Zinc + C 125 Tablets **\$22.49**



**GO HEALTHY**  
Vitamin C 500mg Orange or Blackcurrant 200 Chewable Tablets **\$11.89** Mushroom Immune 60 VegeCapsules **\$22.49**  
Vitamin D3 1,000IU 150 Softgel Capsules **\$18.49** Zinc Complex 1-A-Day 120 VegeCapsules **\$26.99**

UP TO **50% OFF**  
FROM **\$11.89**



**BLACKMORES**  
Echinacea ACE + Zinc 60 Tablets **\$17.99** Kaloba Oral Liquid 50mL **\$13.49** Super Magnesium+ 100 Tablets **\$19.49** Flaxseed Oil 100 Vege Capsules **\$19.49**  
Omega Triple Super Strength Fish Oil 150 Capsules **\$50.99**

**40% OFF**  
FROM **\$13.49**



**ArmaForce**<sup>®</sup>

Relieves symptoms of common colds & flu

**\$29.29**

# Arma Yourself

to relieve symptoms of cold and flu

HEALTHCARE PROFESSIONAL ONLY



Always read the label and follow the directions for use.

IQVIA™ Pharmacy Sell Out Service, Practitioner Brands, Vitamins & Supplements category, Total Sales and Units, 52 weeks W/E 2023-10-28.

**BIOCEUTICALS**  
ArmaForce 60 Tablets

alliancepharmacy.com.au @alliancepharmacy please recycle



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